



TAKE CONTROL OF YOUR ENERGY BILLS & RESTORE YOUR PEACE OF MIND

Our energy experts, the Green Doctors, are here to help you keep well and warm this winter.

Worried about your energy bills? Register for a free telephone consultation today. Our energy experts can help with saving energy, installing energy efficiency measures, switching energy suppliers and changing tariffs.

Who is eligible? Our free impartial advice is available to a wide range of people, including those on a low income, with debt, in poor housing conditions or living with physical or mental health conditions. Many people are finding themselves struggling for the first time this year, don't be shy in reaching out to ask for help.



Take control of your energy bills.

In the UK, 1 in 7 households have energy costs which are above average; leaving them without enough money to meet their basic needs. If you are worried about your bills, you're not alone, and we might be able to help.

You may need our support if any of the following sounds familiar:

- > Wearing lots of clothes indoors
- > Staying in bed to keep warm
- > Complaining that home feels cold, damp or draughty
- > Respiratory problems e.g. asthma or persistent cough
- > Complaining that energy bills are too high
- > Owing money to energy suppliers
- > Getting confused by energy bills

Find out about our service in Slough, Windsor and Maidenhead, Spelthorne, and South Bucks.

Phone: 0300 365 3005

email: GreenDoctorsLDN@groundwork.org.uk

<https://london.greendoctors.org.uk/>